

# TREATMENTS MENU

Spa opens every day from 9 am to 8 pm



# LE NESSAY

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*le spa*



Welcome to the NESSAY SPA.

An intimate space entirely dedicated to your wellness. Far from the hustle and bustle and a stone's throw from the waves, we invite you to let go.

Our team will help you to choose the perfect treatment.

We have selected the PHYTOMER brand because it offers the fascinating benefits of the sea in highly revitalizing face and body treatments.

Established in Saint-Malo for three generations, PHYTOMER designs treatments for the most beautiful spas around the world and invents the beauty of tomorrow in its cutting-edge laboratories.

Let yourself be tempted by a relaxing massage or enjoy the expert results of our facial treatments in a bubble of softness, calm, with the sea for only horizon.

**LE NESSAY**

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## NAIL SYSTEM

A colorful pose to beautify your hands and/or feet with nail care.

### SEMI-PERMANENT VARNISH APPLICATION

Varnish application with nail preparation 50min // 35€

### REMOVING SEMI-PERMANENT VARNISH/ CLASSIC VARNISH APPLICATION

Removing varnish with nail care 30min // 15€



## FACIAL TREATMENTS

### OLIGOFORCE LUMIERE

Complexion correction care - spots - wrinkles **50min // 100€**

An anti-ageing treatment that brightens the complexion, reduces dark spots and smoothes wrinkles. The ideal combination of a peel, a powerful anti-ageing serum and a tissue mask rich in trace elements, to bathe the skin in light.

### HYDRA ORIGINAL

Plumping thirst-relief treatment with organic algae **50min // 100€**

A skincare essential that pairs moisturizing performance with intense relaxation using organic ingredients, sense-awakening textures, and a relaxing massage to leave skin soothed and glowing, plumped and rested.

### CITYLIFE

Anti-pollution skin freshness treatment **50min // 100€**

A treatment that concentrates all the sea's skincare benefits to detox and revitalize skin and treat it to a breath of fresh air. The anti-pollution experience eliminates signs of fatigue, brightens the complexion, and rehydrates skin.

### TO COMPLETE YOUR FACIAL - RELAX BACK

Remineralizing & energizing treatment **15 min // 25€**

An ultra-relaxing back massage is followed by a gentle slathering of Self-Heating Marine Mud along the spine for total relaxation and optimal detox effects.



## BODY TREATMENTS

### BUBBLES OF THE SEAS

Relaxing and remineralizing back care **40min // 86€**

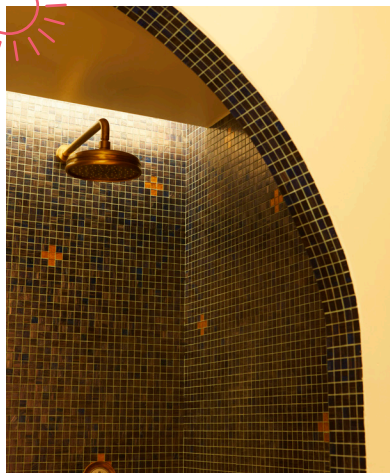
An ultra-relaxing and relieving massage of the back and scalp combined with a remineralising heated mud. For a detox and anti-stress effect.

### MARIN SCRUB

Toning body scrub **30min // 52€**

With a targeted massage **50min // 86€**

A complete exfoliation of the body with sea salt crystals, for a beauty treatment that leaves the skin soft and silky. Combined with a targeted massage for even more relaxation.





## BODY TREATMENTS

### OLIGOMER SPA – SIGNATURE MASSAGE

Remineralizing revitalizing massage - 50min // 108€

Deeply relaxing and re-energising, this exceptional treatment is a full body massage.

It offers a unique sensory experience based on OLIGOMER<sup>®</sup>, PHYTOMER's mythical active ingredient, with remineralizing and fortifying benefits.

Its totally from the tip of the toes to the tip of the hair, provides an instantly reenergizing effect and incomparable relaxation.

### TAILORED MASSAGE

50min // 105€  
80min // 140€

Let yourself be guided by the knowledge of our spa therapists, by telling them what you would like in terms of massage (relaxing, energizing, slimming...) and by indicating to them which parts of the body you would prefer to work on. With their expert hands, they will provide you with the care best suited to your needs.



## WELL-BEING PACKAGES

In order to take care of yourself throughout the year, treat yourself or your loved ones.

### ULTIMATE RELAXATION

Voucher of 10 treatments of 50min, the complimentary. // 1050€

### SERENITY

Voucher of 5 treatments of 50min, and a 25min facial treatment complimentary. // 525€

Vouchers are valid for 1 year from the date of purchase.

## PHYTOMER THE BEST OF THE SEA FOR YOUR SKIN

At the Spa Le Nessay you will find Phytomer products adapted to your skin and your needs with the expert advice of our Spa Therapists . Phytomer products are made with natural and innovative ingredients in Saint-Malo, in eco-designed packaging.



### Opening hours //

The Spa Le Nessay is open on demand from 9 am to 8 pm.

### Your arrival at the Spa //

To take full advantage of your treatment, we suggest you to arrive 10 minutes before the start of your appointment and fill out the consultation form.

For the external clients, we provide slippers, towels disposable underwear.

For the hotel guests, you can go straight downstairs in your bathrobe and slippers.

### Delay //

In case of delay, we will provide you the same treatment if our schedule allows it.

However, if we are not, we will shorten your treatment by the same amount.

### Cancellation policy //

If you wish to change or cancel an appointment, please give us 12 hours notice. For any cancellation less than 12 hours in advance, you will be charged for the treatment.

### Health//

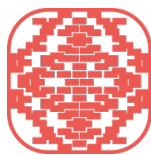
In order to better advise you, we ask you to inform us of any medical problems (injuries, operations, pain, allergies, etc.) and to fill out the consultation form honestly.

Some treatments may not be recommended. We do not perform treatments on pregnant women.

### Children //

The treatments on the entire menu are available to guests over 16 years of age.





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